

We believe that the divine presence is everywhere. . . .
But beyond the least doubt we should believe this to be especially true
when we celebrate the divine office.
(RB 19.1-2)

Benedictine Daily Prayer is intended for Benedictine oblates and others who wish to pray a form of the Liturgy of the Hours with roots in the 1,500 years of liturgical prayer in the Benedictine monastic tradition.

Benedictine Daily Prayer offers a relatively complete (though abridged and simplified) version of the traditional Monastic Liturgy of the Hours as known from the Rule of St. Benedict.

For Vespers, Compline, Terce, Sext, and None, *Benedictine Daily Prayer* reflects the daily Benedictine Office as directed in the Rule. The Office of Vigils and Lauds have been abridged from the Rule.

The two-week cycle is adapted from the Office of Vigils at Mount Saviour Monastery in Elmira, New York.

The structure of the readings at Vigils on Sundays, solemnities, and feasts follows Saint John's Abbey and the classic monastic pattern of a patristic reading followed by the gospel reading of the day.

Each Hour includes psalms, a hymn, a reading, and prayer.

At least seventy-five psalms are said throughout the week.

The liturgical calendar is generally that of the American Cassinese Congregation of the Order of Saint Benedict as it appears in the annual *Ordo*.

Since Benedictine oblates represent a wide diversity of Christian denominations, in the liturgical calendar priority is given to Benedictine, early Christian, monastic, and medieval saints that most would recognize ecumenically as classic models of holiness.

For additional help in praying Benedictine Daily Prayer, consult pages xvii-xix in the introduction (found in the sample online).