The Hildegard of Bingen Pilgrimage Way is a new path that invites pilgrims from all over the world to walk along the historic sites where the saint lived in the twelfth century. The route leads pilgrims on 140 kilometers (87 miles) from Idar-Oberstein via Disibodenberg and Sponheim to St. Hildegard’s Abbey in Eibingen on the Rhine. It is a path through a fascinating Central European landscape, into Hildegard’s visionary work, into one’s own spirituality, and into God.

The Hildegard of Bingen Pilgrimage Book directs you along the way, offering short descriptions of each of the ten stages. It also provides profound information about Hildegard’s life and her theological, musical, medical, and botanical works. Biblical texts and meditative poems are included to offer you additional inspiration, furthering the potential for your own spiritual discoveries in the company of Hildegard.

Annette Esser, PhD, is the initiator of the Hildegard of Bingen Pilgrimage Way in Germany, editor of the fifty-nine tableaux along the way, and author of this pilgrimage book. As a teacher, artist, and theologian, she is the foundress and president of the Scivias Institute for Art & Spirituality, a nonprofit organization for artists, theologians, and therapists.

3
Kim – St. Johannisberg / Skywalk – Brunkenstein Ruin – Simmertal – Monzingen

The Hildegard Way from Simmertal then leads to the old vineyard village of Weiler. In front of an old vineyard press we find information about grapevines (Tableau 17). The stage of this tableau is located in the old vineyard village and focuses on grapevines.

The Trinity
Hildebrandia Chapel, Disibodenberg

Pilgrim’s Reflection

What comes to my mind when I think of the number three?
Why do all good things come in threes?
What do I understand when I hear about “God the Father, Son and Holy Spirit”?
Prayerful reflections for all travelers and seekers

“This guidebook somehow captures the places in all of their travel-guide detail without making you feel you’re missing anything by not walking on the same cobblestone streets and alleyways. All you need is your imagination to enter the experience.”

_Spirituality & Practice_
Claiming Your Voice
Speaking Truth to Power
Norvene Vest

Has the contemporary American polity remained capable of asking itself questions about its purpose and integrity? We recall our optimistic beginnings, sure of God’s blessing, yet something has gone wrong. We are at odds with each other and even our friends. What brought us to this moment, and is there anything “we the people” can do?

In Claiming Your Voice, Vest examines four contemporary deforming patterns: market culture, American empire, climate crisis, and racism. In consideration of the Christian foundations in prophetic imagination and Benedictine spirituality, she illustrates that Americans are called to provide energy for hope, to cut through public numbness, and to penetrate the deceptions of imperial consciousness so that God and the sacred again become visible and empowering for all our people.

“Vest challenges us to put on our mature Christian ‘pants’ in order to face into the hard truths of our times. By speaking the truth in love, she invites us to center ourselves in the Holy Spirit while moving to bring about the change our communities and the world yearns for. This is a brave voice speaking to those who wish to be courageous Christians in the work of transformation.”

Bishop Diana Akiyama, Episcopal Diocese of Oregon

Norvene Vest, PhD, is an Episcopal laywoman, Benedictine oblate, and respected teacher and guide. She has graduate degrees in political theory, theology, mythology, and depth psychology. Her earliest ministry was as a public servant, and she is the author of six books on Benedictine spirituality for the common life.

“In an age when some lament the absence of public theology, Norvene Vest’s Claiming Your Voice is a welcome and timely articulation of an important role for religion and spirituality in social discourse. Readers will find its combination of the Hebrew prophetic tradition and the Benedictine wisdom tradition refreshing and thought-provoking.”

Cyprian Consiglio, OSB Cam, Prior at New Camaldoli Hermitage, Big Sur
Between Heaven and Earth
New Explorations of Great Biblical Texts
Gerhard Lohfink, Translated by Linda M. Maloney

In this book New Testament scholar Gerhard Lohfink interprets a spectrum of biblical texts, some familiar, others not. He explores them in a spirit of curiosity, questions them insistently, and confronts them with the realities of our present day, from COVID-19 to the inner loneliness experienced by so many.

In light of central biblical texts Lohfink asks: What would a life look like today if it were wholly in the world and at the same time wholly in God—sweeping joyously between heaven and earth—aware of the immeasurable breadth of the universe and still able to marvel at the tiniest flower—knowing the depths of the human heart and being comforted by a child’s smile?

This book takes up the colorful threads of many Old and New Testament texts and weaves from them a many-hued tapestry of biblical theology. It reveals things unknown, sheds new light on things known, and is full of surprises. It speaks not only to the curious or the “nones” who want to know more about the Christian message; it is addressed to everyone who senses a desire to understand the Bible better and more deeply.

978-0-8146-6732-3
Hardcover with dust jacket, 384 pp., 6 x 9, $39.95

Available August 2022

Gerhard Lohfink was professor of New Testament exegesis at the University of Tübingen. His many books include The Forty Parables of Jesus, No Irrelevant Jesus, Jesus of Nazareth, Is This All There Is?, The Our Father, and Prayer Takes Us Home, all from Liturgical Press.

“Gerhard Lohfink offers yet another new text that is fully biblical, theological, liturgical, and practical in his presentation of Christian theology for our time. Every page challenges the reader to reconsider, to pray again scriptural texts that have too soon been filed under ‘been there, studied that’ in our minds. Lohfink’s paragraphs sharpen knowledge and faith with a ‘both/and’ dialectic that is harder to put down than a favorite novel.”

Eileen C. Burke-Sullivan
Vice President for Mission and Ministry, Creighton University
A Hill of Beans

The Grace of Everyday Troubles

Valerie Schultz

Do we make too much of our day-to-day problems? In the big scheme of things how important can they be? Award-winning storyteller Valerie Schultz answers these questions through deeply touching—and sometimes provocative—personal accounts of family, career, addiction, alienation, romance, aging, and loss. With compassion and honesty Schultz retraces the passages of ordinary life, finding grace and the presence of God in those she loves and those she struggles to love.

978-0-8146-6779-8
Paperback, 168 pp., 5¾ x 8¼, $16.95

Available October 2022

Valerie Schultz is the author of two previous books: Overdue: A Dewey Decimal System of Grace and Closer: Musings on Intimacy, Marriage, and God. Her work has also appeared in Give Us This Day, America magazine, and in her regular column for The Bakersfield Californian. She and her husband Randy have four children and three grands.

TABLE OF CONTENTS

Introduction
Not Belonging/Alienation
Family Strife
Illness, Physical and Mental
Careers/Money
Addiction
Crises of Faith
Romance/Mixed-Faith Marriage
Raising Children
Climate Change
Injustice in the System/Violence
Aging
Mortality/Death
Postscript
A World Transfigured: The Mystical Journey
Philip Sheldrake

In *A World Transfigured: The Mystical Journey*, Philip Sheldrake demonstrates the importance of the mystical dimension of religious belief and practice. Using the words of the great theologian Karl Rahner, Sheldrake makes the case that the Christian of the future will be either a mystic or nothing at all. In our contemporary world, this judgment applies equally to other religions as well.

After chapters on the meaning of “mysticism” and the connection between mysticism and beliefs, Sheldrake describes important dimensions of mystical writings, illustrated by a range of examples. These are “Love and Desire,” “Knowing and Unknowing,” “Wonder and Beauty,” “Mysticism and Everyday Practice,” and “The Mystic as Radical Prophet.” Finally, the book briefly explores why mysticism fascinates so many people in our modern times.


Douglas E. Christie, PhD, Loyola Marymount University, Los Angeles

“While opening human perception to spirituality, wonder, desire, love, ethics, and more, Sheldrake’s comprehensive vision brings mysticism to life. To all of life.”

Steven Chase, editor of the journals *Spiritus* and *Spiritus University*

“A *World Transfigured* is a stunning work: a deeply informed and quite moving exploration of the origins, interpretations, and practitioners of ‘mysticism.’ As a seasoned scholar, Philip Sheldrake lures us into the depths of the human spirit in its various faith expressions as it continues its never-ending journey of desire beyond what can be known.”

Wendy M. Wright, PhD, Professor Emerita of Theology, Creighton University
Ponder is both practical and profound. Mahri Leonard-Fleckman has created a resource that leads individuals and groups in praying with Scripture. With a mix of commentary and ‘ponder’ sections, Leonard-Fleckman shows attentiveness to biblical scholarship and faith-based biblical study, inspiring readers to pray with and contemplate Scripture throughout the liturgical year.”

Jaime L. Waters, Boston College School of Theology and Ministry
Teresa of Calcutta
Dark Night, Active Love
Jon M. Sweeney

Most people living in the last quarter of the twentieth century knew Mother Teresa by name and appearance. They could also identify her as the saint of the gutters of Calcutta. Two years after her death, she was still recognized as “the most admired person of the century.” So, what is there still to say about her? Quite a bit, as it turns out. The story of both her public and private lives remains little known, and we continue to grapple with the extraordinary things she did, as well as the way that she interpreted the vocation of any would-be follower of Jesus. This biography shows Mother Teresa as the first great saint of television. We came to know her on the screen, and, as such, we felt we knew her in a way that we could not have known the saints before her. Presented in three parts, this biography looks at the preparation, the call, and the legacy of the extraordinary woman whom Pope Francis named Saint Teresa of Calcutta in 2016.

“A superb brief introduction to the most important saint of our time.”
James Martin, SJ, author of Learning to Pray and In All Seasons, For All Reasons

“It is refreshing to finally read an account of Mother Teresa’s full humanity—her complexity and her sainthood. Sweeney captures the life and spirituality of one of the most influential religious voices of the twentieth century, refusing to reduce reflections on her inner life to clichés and platitudes.”
Emilie Grosvenor, PhD Candidate St. Mary’s College, University of St. Andrews

978-0-8146-6615-9
Paperback, 184 pp., 5½ x 8¼ $19.95
© eBook
Available September 2022

Jon M. Sweeney is an award-winning author of over forty books, including the People of God series biographies of James Martin, SJ: In the Company of Jesus and Nicholas Black Elk: Medicine Man, Catechist, Saint. He writes regularly for America magazine in the US and The Tablet in the UK. He’s also editor at large at Orbis Books and he lives in Milwaukee.
Saint Mary of Egypt
A Modern Verse Life and Interpretation
Bonnie B. Thurston, Foreword by Benedicta Ward, SLG

“In this splendidly imaginative presentation, Mayes offers an excellent guided tour to different aspects of Isaac the Syrian’s teaching on the spiritual life.”
Sebastian Brock, Oriental Institute Oxford University

“Andrew Mayes’s deep thought-provoking ‘questions for reflection’ and imaginative ‘prayer exercises’ are suitable for individual readers, an excellent resource for spiritual directors, and helpful for supervision.”
Maggie Le-Roy, Retreats Facilitator Anglican Diocese of Cyprus and the Gulf

Bonnie B. Thurston, after years as a university and seminary professor, lives quietly in her home state of West Virginia. She is the author of many books on Scripture and spirituality and six books of poetry.

Andrew D. Mayes is an international teacher and retreat giver, based in Herefordshire, UK. He has lived for some years in Jerusalem, first as a theological researcher and later as director of courses at St George’s College, where he is an associate professor. He is an Episcopal priest, a Franciscan, and the author of several books.
The White Stone
The Art of Letting Go
Esther de Waal

“This small, poetic book is about thresholds. It’s about letting go of beloved places and arriving in new ones while remaining anchored in the Christian tradition. Esther de Waal offers in this beautiful volume both a memoir of the homes she has loved and a guide to the contemplative life. Grounded in Scripture and liturgy, she focuses on what it means to live mercifully, creating beauty amid the chaos of the world.”

The Christian Century

“This little book is about letting go and accepting what is new. Beautifully and simply written, it makes for good spiritual reading at any time of the year.”

Spirit & Life

Coenobium
Reflections on Monastic Community
Michael Casey, OSCO

“This is a beautiful and moving book that opens the inner chambers of monastic and contemplative life, speaking directly to the human heart. Readers are offered a compelling vision of communal spiritual practice with real significance for our own time.”

Sr. Kathy DeVico, Abbess, Our Lady of the Redwoods Abbey Whitethorn, CA

“Casey successfully demonstrates that the individual search for God and community life are not two disparate elements of coenobitism but are in fact mutually dependent upon one another.”

Colleen Maura McGrane, OSB, Editor of The American Benedictine Review

Esther de Waal is a noted scholar and spiritual writer. She was propelled to fame by her book Seeking God, which was published in numerous languages. She now lives in Oxford.

Michael Casey, OCSO, has been a monk of Tarrawarra Abbey (Australia) since 1960. He is the author of many books.
**By Lamplight**  
*A Book of Biblical Reflections*  
Genevieve Glen, OSB

“Genevieve Glen, OSB, shares the fruits of her monastic listening in these meditative reflections that offer a fresh look at Scripture, the cherished prayers of our tradition, and the deeper meaning of Advent, Lent, and the Easter season. She is a good guide to the terrain of the Spirit and so gives us the gift of a deeper immersion in sacred word and story.”

Rachelle Linner is a freelance writer, reviewer, spiritual director, and contributor to *Give Us This Day*

“This book is the first one that left me with the impression that the author actually knows me, the reader.”

Mary Margaret Funk, OSB, is a nun of Our Lady of Grace Monastery, Beech Grove, Indiana

---

**A Hit of Hope**  
(for when it gets really bad)  
Betsy Johnson

“Betsy Johnson’s *A Hit of Hope* is also a hit of humanity at the very moment we need it most. Whether you read one tiny piece a day or all of them in one sitting, you’re sure to feel more nurtured, mindful, and powerful in their wake.”

Chloe Shaw, Author of *What Is a Dog?*

“Betsy Johnson offers a series of much-needed balms for those suffering from personal and societal wounds—which, in these times, is all of us. With its emphasis on breathing deeply and being still, this is a book to read slowly, mindfully, and with an openness to all life offers.”

Michael N. McGregor, author of *Pure Act: The Uncommon Life of Robert Lax*

---

Genevieve Glen, OSB, is a contemplative nun of the Abbey of St. Walburga in northern Colorado. She is a retreat director, composer of hymn texts, poet, and essayist. She writes regularly on prayer and Scripture for *Give Us This Day*.

Betsy Johnson is a writer, professor, and yoga teacher. Her meditations have been downloaded over 100,000 times on the Insight Timer app.
The Hermits of Big Sur
Paula Huston; Foreword by Pico Iyer

“Absolutely fascinating, gorgeously written, frequently brilliant. In her story of how an ancient monastic order found a home in California, and how the author found a home with them, Paula Huston offers us an invitation into a world that few see, but all will want to experience.”
James Martin, SJ, author of Learning to Pray

“The God Who Gave You Birth
A Spirituality of Kenosis
Cyprian Consiglio, OSB Cam

“No one has taught me more about faith, calm and clarity in the service of humanity than my old friend Cyprian Consiglio. What a grace it is to have his open-hearted wisdom and his unswayable spirit in the world, teaching us how to live for something larger than self and deeper than dogma.”
Pico Iyer, author of The Art of Stillness

“More than a fascinating introduction to the rich and complex history of eremitical monasticism, this book is also an invitation to drink from monastic spirituality’s deep life-giving springs.”
Deborah Smith Douglas, Oblate OSB Cam, author of The Praying Life: Seeking God in All Things

“Many, just like Cyprian Consiglio, are coming to recognize the absolute centrality of Christianity being a religion of letting go and not just holding on! This changes the goal, the practice, the entire emphasis in the Christian journey, making it look much more like the Jesus journey.”
Richard Rohr, OFM, Center for Action and Contemplation Albuquerque, New Mexico

National Endowment of the Arts Fellow Paula Huston is a longtime oblate of New Camaldoli Hermitage. The author of two novels and seven works of spiritual nonfiction, she lives with her husband Mike on four acres eighty miles south of Big Sur, where they grow olives, keep bees, and raise vegetables.

8506, 978-0-8146-8506-8
Paperback, 248 pp., 6 x 9, $24.95
E eBook

978-0-8146-6657-9
Paperback, 112 pp., 5 x 7, $17.95
E eBook
An Inclusive Translation and Daily Commentary

**ST. BENEDICT’S RULE**

An Inclusive Translation and Daily Commentary

978-0-8146-8818-2
Paperback, 312 pp., 5 x 7, $24.95

978-0-8146-8819-9
Paperback, 120 pp., 4¼ x 7, $14.95

“A flowing translation that will serve the purpose of community reading well.”

Michael Casey, OCSO

“Well, it’s about time. This is the latest step in the renewal of Rule scholarship since Vatican II, making available the fruits of half a century of labor in translation and critical commentary for daily use in inclusive language. Sr. Judith is a careful writer, choosing her words thoughtfully so that the reader always knows what she is talking about. It is a wonderful gift in these days of vague language when clarification only means turning up the volume. Sr. Judith’s translation is a new *vade mecum* for Benedictine monastics and oblates of the 21st century.”

Jerome Kodell, OSB, *Benedictines Magazine*

Sister Judith Sutera, OSB, is a member of the Benedictine monastery of Mount St. Scholastica in Atchison, Kansas. One of the first women to receive a master’s degree in monastic theology, she has combined this education with a previous degree in counseling to become a popular writer and presenter for retreats and conferences, bringing Benedictine wisdom to oblates, academics, and religious groups.
SHIPPING
All orders shipped via USPS. Please allow 2–3 weeks for standard shipping and handling. For other shipping methods please contact customer service at 1-800-858-5450. Postage and handling charges apply to all orders; 14% ($7.00 min.) for all orders under $100.00. Orders over $100.00 are billed at actual freight plus $7.00. Applicable state sales tax will be added. Shipping rates will be higher on orders outside the US. For orders less than $10.00 payment must be included with order. Canadian customers add current GST. Invoice is payable in US funds only.

EXAM COPY INFORMATION
We invite professors to request examination copies of the books that appear in this catalog and receive a 30% discount. The limit is one copy per title per professor for a 90–day examination period. The name of the course and estimated enrollment is required to fulfill the exam copy. After the examination period, the book may be returned in saleable condition for a full refund (an invoice must be included with the unmarked and undamaged book).

Select books are now available in digital format for review and classroom examination through Edelweiss, a digital catalog platform.

For more information, visit litpress.org/copyrequest.

Thank you for your support of Liturgical Press books!
We appreciate it when you recommend our books to your library.

All prices are subject to change.
GUARANTEE: Your satisfaction is guaranteed, or your money will be refunded.